:	UNITED STATE SECURITIES AND EXCHANG Washington, D.C.	E COMMISSION	OMB APPROVAL OMB Number: 3235-0101 Expires: August 31, 2003 Estimated average burden hours per response2.0 SEC USE ONLY DOCUMENT SEQUENCE NO.						
	FORM 144 TICE OF PROPOSED SALE RULE 144 UNDER THE SE								
concurrently	ransmit for filing 3 c y with either placing xecute sale directly w	an order with a	CUSIP NUMBER WORK LOCATION						
	F INSURER (Please type ises, Incorporated			(b) IRS IDENT. NO 42-082398	. (c	(c) S.E.C. FILE NO. I-6227			
1(d) ADDRES	S OF ISSUER STREET CIT	Y STATE ZIP CODE			(e) TELEPHON				
215 N. Main	Street, Davenport, Io	wa 52801		A	REA CODE 563	NUMBERS 383-2100			
2 (a) ACCO	OF PERSON FOR WHOSE UNT THE SECURITIES ARE E SOLD	IRS (b) IDENT. (NO.	RELATIONSHIP c) TO ISSUER		CITY STATE ZIP CODE n Street, Davenport,				
Vytenis P.			Officer						
INSTRUCTION	: The person filing th	is notice should cont							
3. Title (a) Class of	(b) Name and Address of Each Broker Through whom the Securities Are To Be	SEC USE ONLY (c) Number of Shares or							
Securitie To Be Sold	s Offered or Each Market Maker who is Acquiring the Securities	Other Broker Units Dealer To Be File Sold Number See instr. 3 (c))	(d) Aggregate Market Value (See instr. 3(d))	(e) Number of Shares or Other Units Outstanding (See instr. 3 (e))	(f) Approximate Date of Sale (See instr. 3 (f)) (MO. DAY YR)	(g) Name of Each Securities Exchange (See instr. 3 (g))			
Common Stoc \$2.00 par value	k BNYESI & CO., Inc., 1633 Broadway, 48th Fl., New York, NY 10019	4,500	\$169,650	34,968,895	7-24-03	NYSE			
INSTRUCTION	S:								
(b) I (c) I (d) I	ame of issuer ssuer's I.R.S. Identif ssuer's S.E.C. file nu ssuer's address, inclu ssuer's telephone numb	mber, if any ding zip code	de						
(b) Si ei (c) Si s	stockholder, or member of immediate family of any of the foregoing)								
(b) NA i (C) NA (d) AA (d) (e) NA (e) NA (f) AA (g) NA	itle of the class of s ame and Address of e ntended to be sold umber of shares or oth he aggregate face amou ggregate market value ate within 10 days pri umber of shares or oth ecurities, the face am ecent report of statem pproximate date on whi ame of each securities ntended to be sold	ach broker through er units to be sold (nt) of the securities to or to the filing of t er units of the class ount thereof outstand ent published by the ch the securities are	if debt securiti be sold as of a his notice outstanding, o ing, as shown by issuer to be sold	es, give specified r if debt the most					
	Furnish the f and with respect t	TA ollowing information o the payment of all		he acquisition of th					
Title of t	he Date you Nature		me of Person from om Acquired	Amount of	Date of	Nature of			

	Class	Acquired	Transaction	(if gift, also give date donor acquired)	Securities Acquired	Payment	Payment				
Sto	mon ck \$2.00 value		Stock Option grant - Employee Stock Option Plan		6,000 shares		Cashless Exercise \$26 5/8 per share				
INSTRUCTIONS:											
1.	 If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid. 										
2.	. If within two years after the acquisition of the securities the person for whose account they are to be sold had any short positions, put or other option to dispose of securities referred to in paragraph (d)(3) of Rule 144, furnish full information with respect thereto.										
TABLE II - SECURITIES TO BE SOLD DURING THE PAST 3 MONTHS Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.											
Nam	e and Addre	ess of Selle	er Title of Securiti	es Sold Date of	Sale Amount of S	Securities	Gross Proceeds				
- Vytenis P. Kuraitis 215 N. Main Street, Ste. 400 None Davenport, IA 52801-1924											

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice. ATTENTION: The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed.

July 24, 2003 DATE OF NOTICE /s/Vytenis P. Kuraitis SIGNATURE

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of this notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)